

## WHAT IS FAMILY BASED CARE

**Family-based care** is a way of providing family life for someone else's child in your own home when they are unable to live with their birth family. Unlike adoption, the child remains the legal responsibility of the Department of Children, Seniors and Social Development and/or their birth parents.

## WHY DO CHILDREN COME INTO CARE?

Most children in care have experienced some degree of neglect, and/or physical, emotional or sexual abuse. They all will have experienced loss and separation from their birth family.

**In Newfoundland and Labrador there are approximately 900 children in care**



## WHAT'S NEXT

Carers come from all walks of life. Key Assets welcomes single carers, heterosexual couples, same sex couples, carers from different religions as well as various cultural and ethnic groups.

If you would like to take the next step towards becoming a carer, then visit: [www.keyassetsnl.ca](http://www.keyassetsnl.ca) and inquire with us online under the Our Services - Family-Based Care tab or contact your local Key Assets Office:

**Tel: 709-690-8290**

**Email: [info@keyassetsnl.ca](mailto:info@keyassetsnl.ca)**



## JOIN US AND BECOME A FAMILY-BASED CARER

### WHO ARE WE?

We are a non-profit organization providing family-based care and support services to young people with complex needs.

We are dedicated to fostering a positive and lasting difference in the lives of children and youth around the world.

## HOW DO WE DO IT

**To promote positive change for young people and families, we focus on:**

- Relationships and attachment
- Promoting children's development
- Strengths-based interventions
- Promoting competence and resilience
- Responsive intervention tailored to the specific needs of children, youth and families
- The planned use of activities – social, educational, recreational, sensory, and life skills
- The therapeutic use of daily life events



*"It's a great organization! There's tons of support and great people. We are lucky to be part of such an awesome adventure."*  
-Carer

*"It is wonderful to be a part of the Key Assets family!"*  
-Carer

## FULLY SUPPORTED

**We provide the following package to all our carers:**

- 24 hour wrap around support, 7 days a week, 365 days a year
- Support and frequent contact from a Key Assets Program Supervisor
- Opportunity to take breaks
- An excellent package of financial support, including a housing allowance or support with suitable housing
- Regular carer support group meetings
- Child and Youth Care Worker support
- Organized activities for carers and the whole family

**Access to:**

- A comprehensive range of responsive tailored services provided by Clinicians, such as consultations and individual therapy as needed
- SNAP® (Stop Now and Plan) is an evidence-based, cognitive-behavioral model designed to support children and their caregivers
- The Autism Services Team, offering ABA therapy (Applied Behavioral Analysis), assessments, and supportive services
- Youth on Track Music program
- The Key Assets Learning Centre, which provides social-emotional and experiential learning opportunities for youth, psychoeducational assessment, and educational consultative services

## TRAINING PROVIDED

Key Assets is committed to providing training and other learning materials to our carers. Training starts as part of the Assessment process with PRIDE (Parenting Resources for Information Development and Education) which all applicants must attend.

Approved carers are provided with the following educational sessions and training:

- Key Foundations®
- Understanding and Managing Aggressive Behaviour (UMAB)
- Therapeutic Crisis Intervention (TCI) for families
- Trauma and Brain Development
- Vicarious Trauma
- Therapeutic use of Daily Life Events (DLE)
- Other areas as needed

